

WHAT IS TELEMEDICINE?

It's using telephones and computers to provide a high- quality and easy health care experience from a distance, 24/7. "90 percent of primary care visits can be done remotely"

(from Yahoo!Finance, April 22, 2020)

WHEN SHOULD I USE TELEMEDICINE?

For an emergency, call 911 or go to a hospital emergency room. If it's not an emergency, you can use your phone or computer to talk to a doctor 24/7 with telemedicine. Staying out of a doctors office can reduce your risk of infection.



Universal HealthShare lets you talk to a doctor using telemedicine for a \$0 consultation fee every time. It puts freedom of choice in your hands so you're in control of what's best for your family's health and budget.

TO GET STARTED, SIGN UP

(NO CHARGE TO UHF MEMBERS FOR THIS SERVICE)

First, register for telemedicine by visiting MyFlexcare.com Click on Member Portal; then click on Register Now. Or call 866-697-8212, or email Support@MyFlexCare.com





Universal Health Fellowship is a not-for profit health care sharing ministry whose members accept a Statement of Shared Faith and Beliefs. To learn more visit: www.UniversalHealthFellowship.org.