

Member Resources



Sedera is committed to simplifying the Member experience and bringing the support, tools, and choices that assist in the day-to-day activities of managing your health. You shop for the best value, quality, and price for most things in life — shouldn't you do the same with your healthcare?



Get Real Support

- Real live experts
- Assist with sharing questions
- Guide you every step of the way
- Members can call **855.973.3372** or email **memberservices@sedera.com**



24/7 Telemedicine*

- Add-on service
- Unlimited access to physicians
- Virtual care at your fingertips
- **Teladoc.com**



The RX Marketplace Tool*

- Save up to 80% on medications
- Powerful shopping tool for best prices
- Over 67,000 pharmacies
- **therxmarketplace.com**



Medical Shopping Concierge

- Custom service for Sedera Members
- Fair prices on local providers & procedures
- Recommendations within 3-5 days
- Login to **sederamcs.org** and navigate to the Medical Concierge tab

Will My Medical Expenses Be Shared?



Is a medical necessity



Performed by a licensed Medical Professional



Has been submitted within 6 months from Date of Service



For certain Needs, a 2nd opinion may be required



Meets Membership Guidelines

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